Phase	Activities	Location	Opening
Phase One	Gym and group exercise classes, outdoor and some Club activities if social distancing can be guaranteed by Club Officials.	<ul> <li>Downs Leisure Centre</li> <li>Lewes Leisure Centre (dry activities only)</li> <li>Seahaven Swim and Fitness Centre (dry activities only)</li> <li>Peacehaven Leisure Centre</li> <li>Shakespeare Hall</li> <li>East Grinstead Sports Club</li> <li>Eastbourne Sports Park</li> <li>Hampden Park Sports Centre</li> <li>Sovereign Harbour Community Centre</li> <li>Regency Park Community Centre</li> </ul>	25 <sup>th</sup> July
Phase Two	Gym and Group Exercise, outdoor and some Club activities if social distancing can be guaranteed by Club Officials.	<ul> <li>Shinewater Sports Centre</li> <li>Cavendish Sport Centre</li> </ul>	1 <sup>st</sup> Sept
Phase Three	Swimming, Learn to Swim (Wave Swim School) and other Aquatic Activities	<ul> <li>Lewes Leisure Centre</li> <li>Seahaven Swim and Fitness Centre</li> <li>Ringmer Pool</li> <li>Seaford Head Pool will remain closed for community access due to social distancing guidelines</li> </ul>	7 <sup>th</sup> Sept